



FOCUS

On PROPHY PASTES AND AIR POLISHING POWDERS






CLINICIANS HAVE A WIDE RANGE OF PROPHY PASTES AND AIR POLISHING POWDERS AT THEIR FINGERTIPS, MAKING PERSONALIZED CARE BOTH ACCESSIBLE AND SIMPLE.

Editor's Note: This list provides information on some of the prophy paste and air polishing powder options available. It is not meant to be comprehensive.

Prophy Paste

| COMPANY | PRODUCT NAME | GRIT | FLAVORS | PROPHY | ACTIVE INGREDIENTS | DISPENSING METHOD | UNIQUE FEATURES |
|---|--|---|---|---------------------------------|--|---|--|
| 3M™ Oral Care | Clinpro™ Prophylaxis Paste With Fluoride | Starts coarse and becomes fine | Mint, bubble gum | Clean and polish | Perlite particles, sodium fluoride | Unit-dose cups with ring | Particles change from coarse to fine, resulting in great stain removal with less abrasion |
| AMD Medicom | DentiCare® Pro-Polish | Fine, medium, coarse | Mint, bubble gum, cherry, raspberry | Clean and polish | Sodium fluoride 2.7% w/w (1.23% w/w fluoride ions) | Unit dose | Low spatter formula offers fast stain removal and high polishing ability; easy to rinse |
| Biotrol™ | Prophy Gems™ Prophylaxis Paste | Fine, medium, coarse, extra coarse | Cool mint, wild berry, cinnamon, bubble gum, vanilla orange | Clean and polish | Pumice, 1.23% fluoride | 100 unit-dose cups (prepackaged in disposable rings color-coded by flavor) | Gluten-free formula; paste-holding rings that go on the thumb for easy/secure application; low spatter; effective against tough stains |
| Brasseler USA | HygienePro Glisten Prophylaxis Paste | Fine, medium, coarse, extra coarse, kids' medium-fine | Mint, chocolate, cherry, root beer, bubble gum | Clean and polish | Sodium fluoride | 200 unit-dose cups per box; each box includes one auto-closable prophy ring | Consistency provides effective, spatter-free performance in a variety of popular flavors and grits |
| Crosstex International <small>CROSSTEX PRODUCTS</small> | Sparkle-Free™ Prophylaxis Paste | Medium, coarse | Cinnamon, fruity, spearmint, white chocolate | Clean and polish | Pumice, neutral pH, no chemically active ingredients | Single-use cups, 200 per box | Gluten-, dye-, and fluoride-free; contains xylitol; maximum stain removal, minimal enamel loss; spatter-free; optimal rinsability; ideal for patients during or after tooth whitening; free of nuts, soy, milk, eggs, aspartame, and corn/corn products |
| | Sparkle™ Prophylaxis Paste | Fine, medium, coarse | Bubble gum, berrylicious assortment (strawberry/blueberry/raspberry) in coarse and medium grit, cherry, mint, orange vanilla, assorted flavors | Clean and polish | 1.23% Active fluoride ion | Single-use cups, 200 per box | Gluten-free to eliminate allergic reactions associated with celiac disease or gluten intolerance; optimal rinsability; time-set formula reduces spatter; designed to provide excellent stain removal while minimizing enamel loss; free of nuts, soy, milk, eggs, aspartame, and corn/corn products |
| Dental Technologies Inc | Alpha-Pro® Kids Pack Prophylaxis Paste | Fine, medium | Sweet cotton candy, chocoric chocolate, watermelon wonder, berry-licious | Clean and polish | Sodium fluoride | Unit-dose cups with ring | Gluten-free formula; children-friendly flavors; spatter free; rinses easily |
| | Alpha-Pro Prophylaxis Paste With Fluoride | Medium, coarse | Mint, cherry | Clean and polish | Sodium fluoride | Unit-dose cups with ring | Gluten-free formula; spatter free; rinses easily |
| | Alpha-Pro Prophylaxis Paste Without Fluoride | Medium | No added flavor | Clean and polish | Pumice | Unit-dose cups with ring | Gluten-free formula; no added color, flavor, or fluoride; spatter free; rinses easily |
| DENTSPLY Sirona <small>Dentsply Sirona</small> | NUPRO® Prophylaxis Paste | Fine, medium, coarse, plus | BubbleExtreme™, mint, orange, orange vanilla swirl, grape, zinnamon, cookie dough, razzberry, cherry blast, strawberry vanilla swirl, chocolate bliss, piña colada, fruit punch | Clean and polish | Pumice, sodium fluoride | Unit-dose cups, jars | Large selection of great-tasting flavors; gluten free; excellent stain removal and polishing performance; unique proprietary formulation designed to deliver consistent, spatter-free performance; rinses completely and easily |
| | NUPRO extra care Prophylaxis Paste | Polish, stain removal | Spearmint, peppermint, citrus mint, orange | Clean and polish | Calcium sodium phosphosilicate (NovaMin®), sodium fluoride | Unit-dose cups | Cleans, polishes, and desensitizes; immediate and long-lasting (up to 4 weeks) sensitivity relief from one application; NovaMin calcium phosphate technology releases the teeth's natural building blocks to help build an enamel-like mineral layer |
| | NUPRO Shimmer Restorative Polishing Paste | Micro-fine | Spearmint | Polish | Micro-fine aluminum oxide | Syringe | Restores the luster and shine of restorative materials (composites and amalgams) without causing damage to the surface; formulated with micro-fine aluminum oxide to protect restoration surface; safe for natural dentition; may be used for full-mouth prophy on patients with a large number of restorations; allows cleaning of partial restorations |
| Directa Dental | Prophy Care Prophylaxis Paste CCS | Coarse, medium fine, extra fine | Fresh mint | Clean and polish | Sodium fluoride, pumice, phosphosilicate | Tubes and single doses | Nonspatter, gluten-free formula, single dose cups feature self-adhesive backing to eliminate finger rings and separate cups; cups are designed for easy collection of paste with prophy cup—no waste, easily rinsed off, leaving no residue |
| | Prophy Care Prophylaxis Paste PRO | Starts coarse and becomes extra fine | Mild mint | Clean, polish, and desensitizes | Phosphosilicate, sodium fluoride, and castor oil | Tubes and single doses | Particles transition from coarse to extra fine to ensure complete cleaning and luster-like final polish without damaging tooth structure or restorations, nonspatter, gluten-free formula provides immediate desensitizing; castor oil supports lubrication of dry mouth; single dose cups feature an adhesive backing for easy attachment to gloves, eliminating the use of dishes and finger rings |

BANKSPHOTOS/ISTOCK/GETTY IMAGES PLUS

| COMPANY | PRODUCT NAME | GRIT | FLAVORS | PROPHY | ACTIVE INGREDIENTS | DISPENSING METHOD | UNIQUE FEATURES |
|--|---------------------------------------|------------------------------------|--|---|--|---|--|
| DMG America | Kolorz™ Prophy Paste | Fine, medium, coarse | Triple mint, cherry burst, assorted cinnamon and mint (fine, medium, coarse); carnival pak (cotton candy, blue raspberry), bubble gum (fine) | Polish | Sodium fluoride | Unit-dose cups | Free of gluten, spatter, aspartame, and saccharin; contains xylitol; 1.23% fluoride |
| Henry Schein Inc | ACCLEAN® Prophy Paste | Fine, medium, coarse, extra coarse | Mint, bubble gum, chocolate, cinnamon, raspberry, strawberry, tangerine, vanilla, cherry | Clean and polish | 1.23% Acidulated phosphate fluoride | Unit-dose cups | Nonspatter; easy, complete rinsing; gluten free; superior polishing |
| | ACCLEAN Plus | Gel | Mint | Polish | 1.1% Neutral sodium fluoride with micronized calcium hydroxyapatite and casein | Tube | Helps neutralize acids; low abrasion; prescription-strength formula |
| | ACCLEAN ZERO | Medium | Unflavored | Clean and polish | Pumice | Unit-dose cups | Does not contain oils or fluoride; gluten free; no color or peanut additives; great alternative for patients with allergies or sensitivities |
| Keystone Industries  | Gelato Prophylaxis Cups | Fine, medium, coarse | Bubble gum, cherry, mint, piña colada, orange sherbet, raspberry | Clean and polish | 1.23% Acidulated phosphate fluoride | 200 disposable cups, 6-oz and 12-oz jars | Spatter-free formula; color-coded tops and easy-to-read labels for convenient use; available without dye |
| Mydent International | DEFEND® Prophy Paste | Fine, medium, coarse | Assorted, mint, cherry, bubble gum | Clean and polish | 1.23% Fluoride ion | 200 unit-dose cups | Smooth, pliable, and reduced-spatter formula contains fluoride and a unique blend of cleaning and polishing agents; safely and effectively removes stains from tooth surfaces; gluten-free; easily rinses clean with water |
| PacDent | ProPaste™ | Fine, medium, coarse | Mint, cherry (medium, coarse), bubble gum (fine), strawberry (medium), grape (coarse) | Clean and polish | Sodium fluoride | Unit-dose cups 2 g | Exceptional polishing and stain-removal ability; fluoride release; great taste; easy rinse-off; nonspatter formula |
| Plak Smacker® | Sweet Tooth Kid's Prophy Paste | Medium | Pink cotton candy, creamy chocolate, wild watermelon, berry good assortment | Clean and polish | Fluoride, pumice | 200 cups per tub | Great flavors that kids love |
| | Brilliance Prophy Paste | Medium, coarse | Mint (medium, coarse) or regular fluoride-free and flavorless (medium) | Clean and polish | N/A | 200 cups per tub | Refreshing flavor |
| | Brilliance Prophy Paste Fluoride-Free | Medium | Flavorless | Clean and polish | N/A | 200 cups per tub | Fluoride-free option |
| Premier® Dental Products Co  | Enamel Pro® | Fine, medium, coarse, extra coarse | Bubble gum, cinnamon, grape, mint, strawberry, vanilla mint, raspberry mint, mixed berry, choc hazelnut | Clean and polish | Fluoride (mint is available without fluoride); amorphous calcium phosphate (ACP) | Single-dose cups | ACP stimulates remineralization of tooth enamel; increased fluoride uptake; provides a lustrous surface; gluten-free; colorful swirl design; popular flavors |
| | Glitter™ | Fine, medium, coarse, extra coarse | Bubble gum, cherry, mint, strawberry | Clean and polish | Fluoride (mint available without fluoride) | Single-dose cups | Gluten free, smooth, pliable, spatter free |
| | Ziroxide™ | Fine, medium, coarse | Mint | Clean and polish | Fluoride (also available without fluoride) | Single-dose cups, 1-lb jars | Gluten free, creamy texture |
| Preventech  | NEXT® Prophy Paste | Fine, medium, coarse, extra coarse | Mint, cherry, bubble gum, grape, tropical fruit, vanilla, watermelon, wintergreen, spearmint, cinnamon, chocolate-mint | Fine grit is polish only; all others are clean and polish | 1.23% Fluoride, xylitol | Unit-dose cups 2 g | Smooth handling, splatter free, flash-rinsing, gluten-free formula; pumice-free fine grit. |
| | NADA® Pumice Paste | Medium | Nonflavored | Clean and preparation | None | Unit-dose cups 2 g | Contains no dyes, fluoride, flavor oils, gluten; no effect on bond strength |
| | MAXmin™ Prophy Paste with NuFluor™ | Medium, coarse | Mint, cherry, bubble gum, orange vanilla | Clean and polish | 1.23% Fluoride, calcium, phosphate, xylitol | Unit-dose cups 2 g | Smooth handling, splatter-free, flash-rinsing, gluten-free formula with maximum minerals |
| SmartPractice  | SplatrFREE® Squiggly® Prophy Paste | Medium | Assorted pack of mint, berry, and bubble gum | Clean and polish | 1.23% Fluoride | Unit-dose cups | Colorful packaging appeals to kids and distracts them during exams; spatter free; gluten free |
| | SmartPractice Brand Prophy Paste | Fine, medium, coarse, x-coarse | Bubble gum, cherry, mint | Clean and polish | 1.23% Fluoride | Unit-dose cups | Flavorful, spatter-proof formula; gluten free; economically priced |
| Sultan Healthcare Inc  | Topex® Prophy Paste | Fine, medium, coarse, extra coarse | Cherry, mint, piña colada, chocolate mint, bubble gum, really raspberry, root beer float, cinnamon, chocolate, vanilla, strawberry | Clean and polish | Fluoride | Unit-dose cups 2 g | Blend of pumice to remove stains and polish enamel; rinses clean |
| | Topex Prep & Polish Paste | Fine | Peppermint | Polish | Corundum | Unit-dose cups 2 g | Creates a high-level polish and luster; rinses clean |
| Sunstar Americas Inc | Butler® Prophy Paste | Fine, medium, coarse, plus | Bubble gum, cherry, mint | Clean and polish | Pumice | Unit-dose cups; free prophy ring in every box | Spatter-free formula is designed to help keep paste on the tooth; balanced polishing ingredients provide excellent stain removability; gluten free; gentle to enamel; contains 1.23% fluoride; available in unit-dose cups |

Prophy Paste (continued)

| COMPANY | PRODUCT NAME | GRIT | FLAVORS | CLEAN | POLISH | ACTIVE INGREDIENTS | DISPENSING METHOD | UNIQUE FEATURES |
|----------------|-----------------------------------|------------------------------------|--|------------------|--------|---|-------------------|---|
| Water Pik® Inc | Waterpik Prophy Paste | Fine, medium, coarse, extra coarse | Bubble gum, melon, strawberry, cherry, mint, variety pack | Clean | | 1.23% Fluoride in a phosphate mixture; sweetened with xylitol and sucralose | Single-dose cups | Full line of grits and flavors; does not contain aspartame, saccharin, or gluten; available in a five-flavor variety pack |
| | Soft Shine | Ultra-fine grit | Mint | Clean and polish | | Micro-fine white sapphire particles | Single-dose cups | Cleans and polishes natural teeth and restorations; no need to change pastes between restorations and natural teeth |
| Young Dental | SmartSelect | Stain remover/polish | Mint, cinnamon, clementine | Clean and polish | | Xylitol and 1.23% fluoride ion | Cup | Side-by-side polishing paste designed for selective polishing; gluten free |
| | Vera Advanced Bright Prophy Paste | Stain remover/polish | Arctic mint, cinnaburst, berryblast | Clean and polish | | Xylitol and 1.23% fluoride ion | Cup | Contains baking soda to whiten and brighten teeth and neutralize pH; gluten free |
| | D-Lish | Fine, medium, coarse | Mint, cinnamon, cherry, grape, dreamsicle, strawberry, berry bliss, mint medley assortment, key lime, dessert trio, happy hour mix | Clean and polish | | Xylitol and 1.23% fluoride ion | Cup | Many great flavors with creamy texture, including new dessert trio and happy hour mixes; gluten free |

Air Polishing Powder

| COMPANY | PRODUCT NAME | GRIT | FLAVORS | CLEAN | POLISH | ACTIVE INGREDIENTS | DISPENSING METHOD | UNIQUE FEATURES |
|--|-------------------------------------|-------------|---|-------|--------|--|--|---|
| 3M Oral Care | Clinpro Glycine Prophy Powder | N/A | No added flavor but has a pleasant, nonsalty taste | Yes | Yes | Glycine | Air polisher | Can be used supragingivally and subgingivally; is able to remove biofilm up to 5 mm pocket depth; safe to use on orthodontic brackets, implants, restorations, and sealants |
| ACTEON North America | AIR-N-GO® "Classic" Prophy Powder | 76 µm | Neutral, cola, raspberry, peppermint, lemon | Yes | Yes | Sodium bicarbonate | AIR-N-GO handheld air polisher or other air polisher | Flavors based on 100% natural aromas or essential oils; gentle to gingiva and soft tissue |
| | AIR-N-GO "Pearl" Prophy Powder | 55 µm | Neutral | Yes | Yes | Calcium carbonate | AIR-N-GO handheld air polisher or other air polisher | Small spheres are gentle and can be used on crowns and veneers |
| | AIR-N-GO "Perio" Prophy Powder | 25 µm | Neutral | Yes | N/A | Glycine | AIR-N-GO handheld air polisher with Perio Nozzle | Low abrasiveness of the Perio Air-N-Go Powder preserves the tooth enamel and the most delicate anatomical areas |
| Biotrol | Perfect Choice Air Polishing Powder | N/A | Cool mint | Yes | N/A | Sodium bicarbonate | Bottle with squirt cap | Ready to use; designed to work with any polishing unit |
| DENTSPLY Sirona Dentsply Sirona | Prophyjet® Prophy Powder | N/A | Mint | Yes | Yes | Sodium bicarbonate | Air polishing | Removes extrinsic stain and plaque |
| | Cavitron® JET-Fresh® Prophy Powder | N/A | Mint | Yes | Yes | Aluminum trihydroxide | Air polishing | Sodium-free; removes extrinsic stain and plaque |
| Hu-Friedy Hu-Friedy EMS | AIR-FLOW Classic Powder | 65 µm | Lemon, mint | N/A | Yes | Sodium bicarbonate | Standard AIR-FLOW units for air polishing | Classic formula for trusted heavy stain removal |
| | AIR-FLOW Classic Comfort Powder | 40 µm | Lemon | N/A | Yes | Sodium bicarbonate | Standard AIR-FLOW units for air polishing | Cleaning efficiency of Classic formula with smaller particle size for more comfortable patient experience |
| | AIR-FLOW Perio Powder | 25 µm | Neutral | Yes | Yes | Glycine | AIR-FLOW Advanced, Premium, and Perio units for air polishing and biofilm management | Small particle size and glycine material offers gentle yet effective biofilm removal subgingivally and on delicate implants, restorations, and fixed ortho appliances |
| KaVo | Prophy Pearls | 67 µm | Neutral | Yes | N/A | Calcium bicarbonate | Powder | Round shape, with no jagged edges to damage the enamel; provides infinite number of contact points for thorough cleaning and polishing |
| | Prophy Powder | 50 µm–60 µm | Berry, mint, orange, cherry | Yes | N/A | Sodium carbonate | Powder packets | Pleasing flavors for a more palatable experience |
| Keystone Industries KEYSTONE INDUSTRIES | Prophy Powder | 100 µm | Grape, spearmint, orange, strawberry, raspberry, lemon lime | Yes | Yes | Sodium bicarbonate | ProphyBrite™ Air Polisher | Less abrasive than prophy paste; removes stubborn stains, plaque, and debris |
| Micro Vac | Prophy-Ez™ | Fine | Spearmint | N/A | Yes | Sodium bicarbonate | Air polishing | Made in the USA |
| NSK | FLASHpearl | 75 µm | Neutral | N/A | Yes | Calcium carbonate | 15 g Sachet or 300 g bottle | FLASHpearl granules are small and spherically shaped for more efficient cleaning and less tooth surface damage |
| Sabra Dental Products | Sabra Prophy Powder | N/A | Spearmint | Yes | Yes | Sodium bicarbonate with flow control ingredients | EZ-pour bottle for less waste; prevents clogging | Pleasant flavor; no clogging; safely and effectively removes stains from tooth surfaces; gluten free |